



WISCONSIN  
UNIVERSITY OF WISCONSIN-MADISON

# MONONA TRAILS MASTER PLAN



LANDSCAPE ARCHITECTURE SENIOR CAPSTONE

SPRING 2017



# MONONA TRAILS MASTER PLAN

Author  
Jordan Teichen

A SENIOR CAPSTONE PROPOSAL

Submitted in partial fulfillment of the requirements for the degree  
Bachelor of Science in Landscape Architecture

Department of **Landscape Architecture**  
College of Agricultural and Life Sciences

University of Wisconsin - Madison  
Madison, WI

December, 2016

Approved by  
Eric J. Schuchardt, PLA, ASLA  
Capstone Coordinator & Instructor





## THE AUTHOR

As a child my toy arsenal was composed of LEGOs and PLAYMOBIL. If I wasn't sitting on the floor of my bedroom playing with these toys, I was probably barefoot in my backyard building a fort, or in my basement trying to one-up my brother by building the longest and most extravagant Hot Wheels track.

As I grew older, my insatiable appetite for transforming objects and spaces evolved. In middle school I began working at my local Little League fields. It was here that I truly began to find satisfaction through the transformation of spaces. I spent time trying to make the fields special for the players, and I found great satisfaction in watching players enjoy using them. Fastforward to 2013...

Coming to UW-Madison, I initially pursued an engineering degree, but quickly stumbled upon Landscape Architecture. My grandfather used to own a design-build Landscape Architecture firm in Milwaukee which tipped me off to the program at UW. I quickly realized that this was the perfect profession to pursue my interests that are both deeply aligned with my grandfather's passion for horticulture and my own mission to shape spaces that give people joy.

I'm currently pursuing a degree in Landscape Architecture from UW-Madison with an anticipated graduation in May of 2017. Upon graduation I'll be starting a full-time position at Ken Saiki Design in Madison, Wisconsin.

Jordan Teichen  
Department of **Landscape Architecture**

Fall 2016



## ABSTRACT

Monona, a city of about 8,000 residents is surrounded by a portion of Madison and the shore of Lake Monona. As part of an initiative to create a more sustainable Monona, the City has teamed up with The UniverCity Alliance. The UniverCity Alliance is an organization that aims to connect the expertise of UW-Madison students and faculty with a nearby city looking to pursue sustainability initiatives.

This partnership within Monona connects more than a dozen UW-Madison classes under the UniverCity Year Project. The project is divided into 4 branches, which looked at Monona's parks, housing & economic developments, communications, and transportation. Some of the departments working on this project include, Urban & Regional Planning, Soil Science, Landscape Architecture, Business, Engineering, and Life Science Communications.

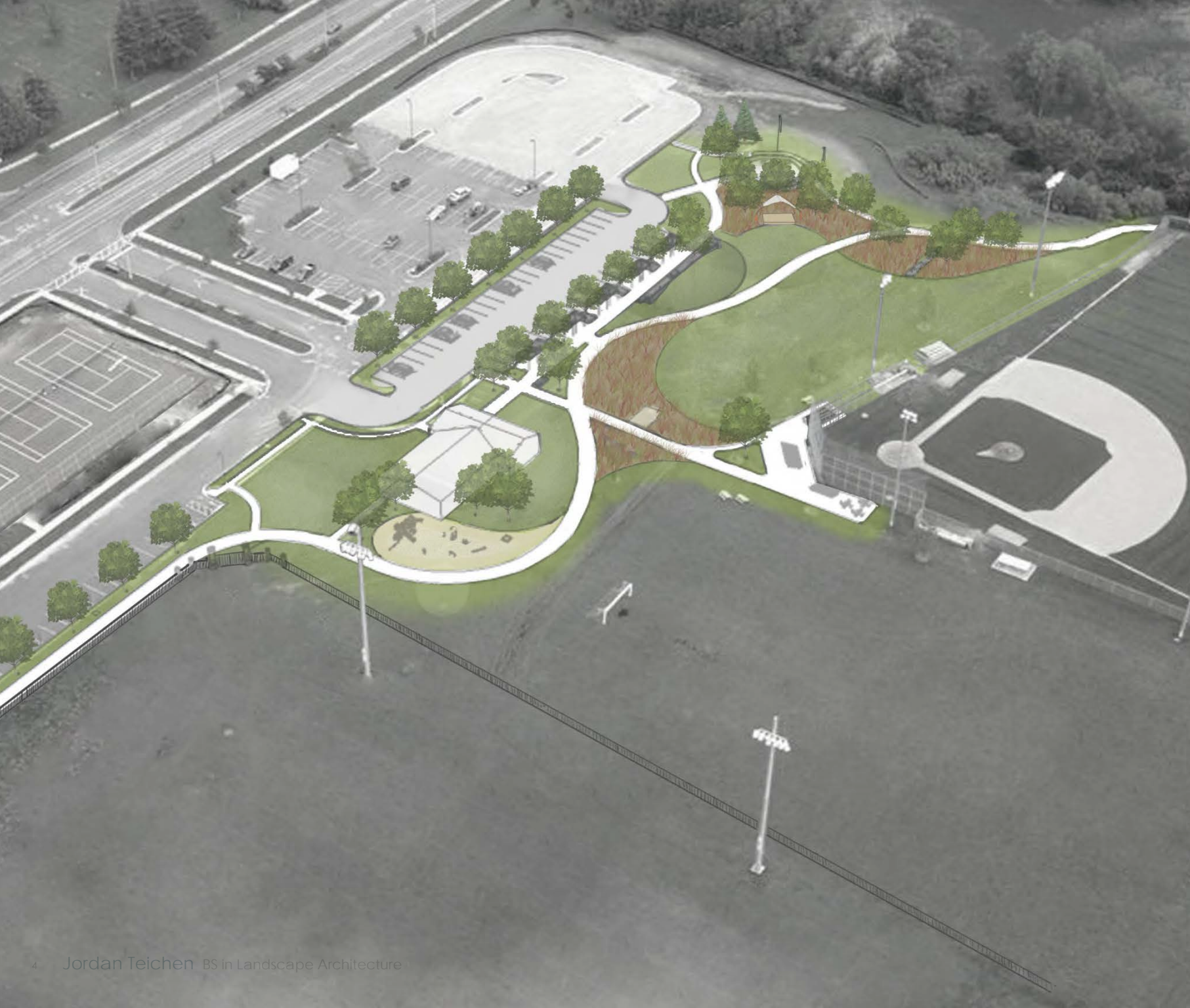
Monona has a very rich park system. Four of Monona's parks are "community parks." These parks were intended to serve the largest portion of Monona's population. One of these parks however, Ahuska Park, is relatively isolated and hard for

residents of Monona to access. As part of their sustainability initiative Monona would like to increase both community and regional access to Ahuska Park.

In the City of Monona, "community parks" also house the majority of Monona's outdoor recreational programming. Ahuska park has many different programming elements on-site, but there's no cohesion or connectivity between everything. This has led to congestion, lack of accessibility for the handicapped, and the parks overall lack of an identity.

The Monona Trails Master Plan is only one piece of the Univercity Year Project's contributions to the City of Monona. Nevertheless, this plan will aid in the effort to ensure the continued success of Monona as a sustainable city. The plan will aim to create a regional trail that connects to Dane County's larger regional trail system, links major developments in the City of Monona, and improves accessibility to Ahuska Park. Instead of simply connecting to Ahuska Park, the trail will meander through Ahuska Park, providing ample opportunity to improve functionality and accessibility of the park.





# CONTENTS

Part I	6-9
Introduction	6-7
Project Workflow	8-9
PART II	10-35
Project Context & History	10-11
Research Topic & Literature Review	12
Project Goals	13
Precedent Review	14-19
The Region	20-23
The Community	24-33
The Site	34-35
PART III	36-67
Design Strategies	36-37
Community Design	38-44
Site Design	45-49
Grading & Drainage	50-53
Planting Design	54-59
Stormwater Management	60-61
Conclusion	62-63
Appendix	64-67

# INTRODUCTION

## INTRODUCTION

To fulfill the requirements of the Senior Capstone Program in the Department of Landscape Architecture at the University of Wisconsin-Madison I will investigate how ideas of public health may inform the design of a regional trail system and a community park. This investigation will be given context and focus by the concerns and goals of Jake Anderson (City of Monona Director of Parks & Recreation), which include developing more sustainable transportation methods to and from Ahuska Park, and improving the user perceptions and functionality of Ahuska Park. Ahuska Park in the City of Monona, and its surroundings, will be the sites for this study.

### Research Topic: Public Health

Landscapes have a significant role in improving public health, and are a tremendous asset that can improve our health and welfare. The study of Public Health within the practice of Landscape Architecture asks questions such as, “What is a healthy place?” and “What effect does the landscape have on mental health?” Proper consideration of the answers to these questions when designing and managing spaces can positively influence the health and well-being of communities. In a report published by the Landscape Institute, five principles that describe healthy places are listed: air, water, and soil quality, measures that help us adapt to, and mitigate climate change, an ability to overcome health inequalities, an ability to make people feel comfortable and at ease, a tendency to increase social interaction and decrease antisocial behavior and stress, and an ability to be restorative, uplifting and healing both physical and mental health conditions of its users. Considering how landscapes can significantly improve the public health, it seems reasonable for communities to invest in them.

The preservation of natural beauty, historic landmarks, and space for recreation has been a concern of many different societies throughout time. “Victorian parks were established as places to seek fresh air and respite for urban populations; the

innovative tree-lined suburbs of Port Sunlight and Bourneville were planned so as to enhance residents' sense of wellbeing; while Frederick Law Olmsted's ambitious Emerald Necklace Park in Boston, USA, was designed to improve water quality and reduce the number of deaths from cholera” (George 2013, 1) The relationship between outdoor public space, and the benefits it has on the citizens using it is well documented.

The City of Monona is looking for a trail system, and improvements to Ahuska Park, that will encourage healthy living for its residents. What better way to review Ahuska Park than to analyze it through the lens of public health, and the benefits it is providing the community members of Monona? Ahuska Park is bordered by a wetland and is close to the Yahara River. The stability and utilization of these features is of the utmost concern, in order to ensure the stability and attractiveness of Ahuska Park and the larger regional trail system, and in turn, the health and well-being of Monona's residents.

### Senior Capstone Products

The products of this capstone will include a set of design documents and recommendations for Ahuska Park, as well as a regional trail system for The City of Monona, which will be submitted to Jake Anderson, and a capstone document, which will be submitted to the Department of Landscape Architecture in partial fulfillment of the degree of Bachelor of Science in Landscape Architecture.





## PROJECT WORKFLOW

The project workflow diagram depicts the stages of the senior capstone design process. Each circle represents a month, and details what will be accomplished during that month. The size of the circles correlate to the workload during that month. Creating this graphic provides a better understanding of the progression of the capstone project throughout the year.

Figure 1.XX: Project Workflow Diagram



# HISTORICAL & CURRENT CONTEXT



## POPULATION BOOM

Originally a part of the Town of Blooming Grove, Monona was founded as its own village on August 29, 1938, and eventually was incorporated as a city in 1969. Throughout the 1950s, droves of people looking to live near the beautiful shores of Lake Monona flocked to the Village of Monona. Throughout the 1950's the population of Monona increased 231%, from 2,544 to 8,178 residents.



(Top): Ahuska Park Site Aerial circa 1995  
(Bottom): Ahuska Park Site Aerial circa 2014



## DEVELOPMENT

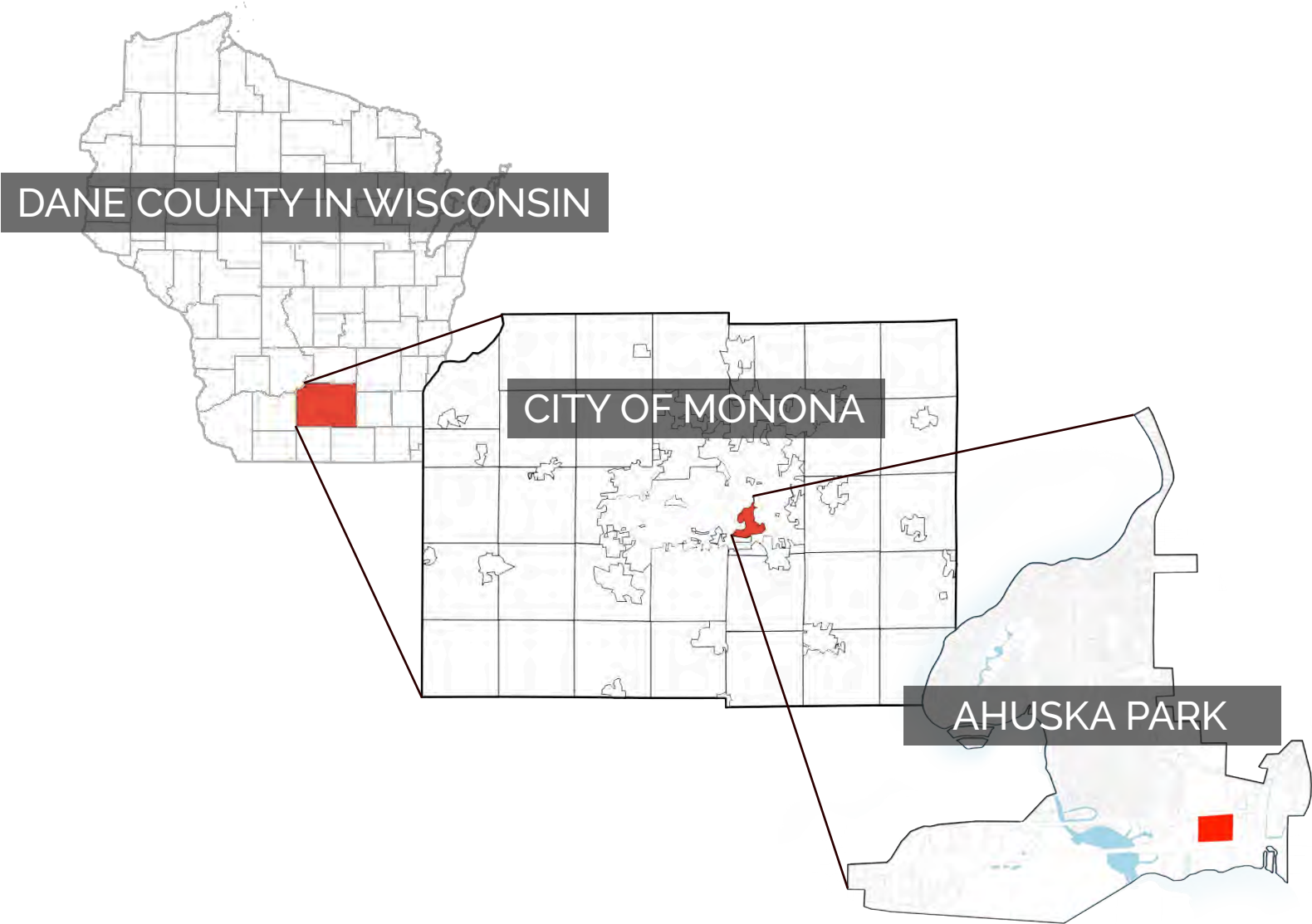
As people flocked to Monona, lots that were once farm fields began to transform into residential, commercial, and industrial development throughout the 1960s. Monona annexed land throughout the 60s and 70s, but was eventually landlocked by Lake Monona and the City of Madison.



## PRESENT DAY

Since it is landlocked, Monona must turn its attention to urban infill and redevelopment. With the construction of US Highway 12/18 (The Beltline), Monona has seen a lot of infill and redevelopment along Broadway Avenue. As this development occurs, Monona is also focused on balancing both the economic and environmental concerns.

# LOCATION CONTEXT



# RESEARCH TOPIC: PUBLIC HEALTH

## TOWARD IMPROVED PUBLIC HEALTH OUTCOMES FROM URBAN NATURE

Danielle F. Shanahan, Brenda B Lin, Robert Bush, Kevin Gaston, Julie H. Dean, Elizabeth Barber, Richard Fuller

In this article, the author introduces sense of place as an idea of public health. It suggests that evidence-based suggestions for healthy place making could have important public health consequences. Four aspects of the built environment, at different spacial scales, are identified: nature contact, buildings, public spaces, and urban form. The organization of these four aspects offers promising opportunities for public health research.

## THE SIGNIFICANCE OF PARKS TO PHYSICAL ACTIVITY AND PUBLIC HEALTH

Bedimo-Rung, Ariane L., Andrew Mowen, Deborah Cohen

This journal describes the relationship between park benefits, park use, and physical activity. It focuses on park environmental characteristics that could be related to physical activity, including park features, access, aesthetics, safety, and policies. Each of these categories is broken down and analyzed, providing readers with an idea of their relative importance.

## PUBLIC HEALTH AND LANDSCAPE: CREATING HEALTHY PLACES

George Bull, ED.

This publication outlines the role that landscapes can have in improving public health. It discusses principles that make-up healthy places. The factors that are described are the following: healthy places improve air, water and soil quality, incorporating measures that help us adapt to, and where possible, mitigate climate change; healthy places help overcome health inequalities and can promote healthy lifestyles; healthy places make people feel comfortable and at ease, increasing social interaction and reducing antisocial behavior, isolation and stress; and healthy places are restorative, uplifting, and healing for both physical and mental health conditions. The second half of the publication explores 22 projects that show how the five principles have been applied to different landscape architecture projects.

# PROJECT GOALS

## CLIENT GOALS

Develop identity for Ahuska Park

Increase ADA accessibility at Ahuska Park

Add additional parking to solve site-congestion during Farmer's Market at Ahuska Park

Create space to hold large events at Ahuska Park

## MY GOALS

Increase neighborhood and regional connections to Ahuska Park

Take into account the desires of the residents of Monona

Create regional trail system with a strong identity



# PRECEDENTS

## PRECEDENT 1: CLARKSVILLE LIBERTY PARK

CLARKSVILLE, TN | 130 ACRES |  
SMITHGROUP JJR

Clarksville Liberty Park is a recreational destination and community asset in Clarksville, Tennessee that was completed by Smithgroup JJR in 2013. This project was a redevelopment of an existing park within a wetland and floodplain boundaries. The design integrates the wetland into the surrounding community through the installation of a boardwalk system. With there being a wetland on the site for my capstone project, the integration of a boardwalk onto the site in order to connect the site to the surrounding community presents itself as a viable option.



Figure 1.XX: Boardwalk in Clarksville Liberty Park's wetland



Figure 1.XX: Aerial view of Clarksville Liberty Park



## PRECEDENT 2: MONONA WATERFRONT REDEVELOPMENT

### MONONA, WI | VANDEWALLE AND ASSOCIATES

An ongoing project in the City of Monona that can be incorporated into the masterplan for the Monona Trails Master Plan is Monona's Waterfront Redevelopment Project. This project can also serve as a precedent for future development along Monona's Broadway Avenue commercial corridor. The project is envisioned as an "urban waterfront destination serving as a year-round gathering place and recreational trailhead, focused on active healthy lifestyles in a village-like setting." The development is on West Broadway Avenue, just a few blocks west of Ahuska Park.

This new development will consist of residential, office, retail, and lodging opportunities, and showcases what Monona is looking for in a redevelopment in the Broadway Corridor. A proposed bike trail is intended to cross the Beltline and connect to a wetland to the south. This new trail system could connect to my site and serves a huge opportunity for better connectivity of parks and other public open space throughout Monona.



Monona Waterfront Redevelopment character sketch



Monona Waterfront Redevelopment aerial rendering



# PRECEDENT 3: CARMEL CLAY CENTRAL PARK

CARMEL, INDIANA | SMITHGROUP JJR

Carmel Clay Central Park in Carmel, Indiana is a shining example of how to balance both “natural beauty and environmental integrity with inspired design.” The park sits near the center of the city, and shows how proper community design allows the public to easily access the site and its many recreational resources.

Over four miles of trails meander through the park, connecting users of the park to various amenities scattered throughout. The trails traverse through a lagoon, designed capture almost all of the site’s stormwater runoff. Tasteful hardscape and planting design complement the trail network and its surrounding landscape.



(Top): Trail through Prairie (Bottom): Lagoon Boardwalk



Waterpark Entrance

Carmel • Clay  
Parks & Recreation  
[www.carmelclayparks.com](http://www.carmelclayparks.com)

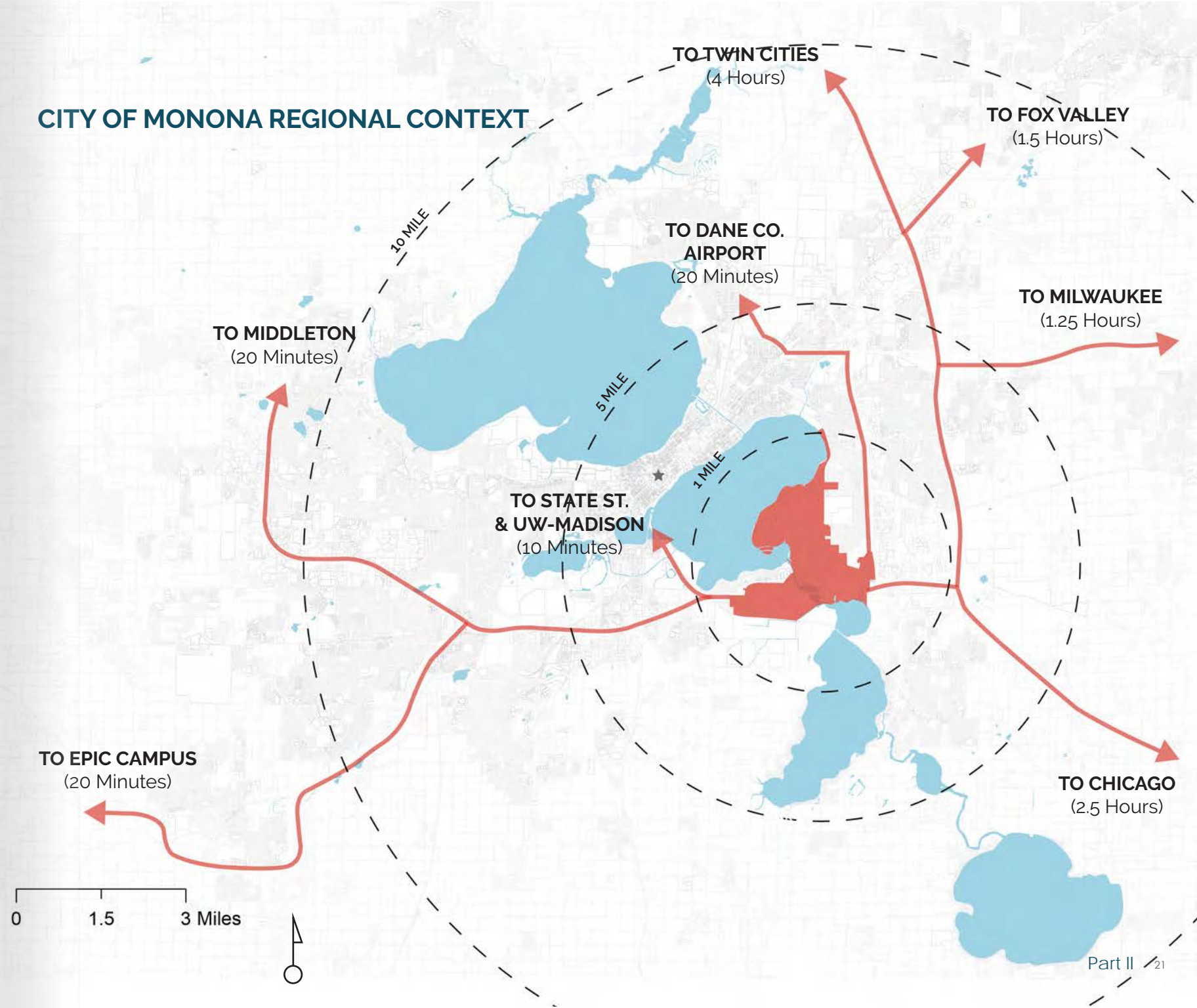
## CENTRAL PARK



Carmel Clay Central Park Site Plan



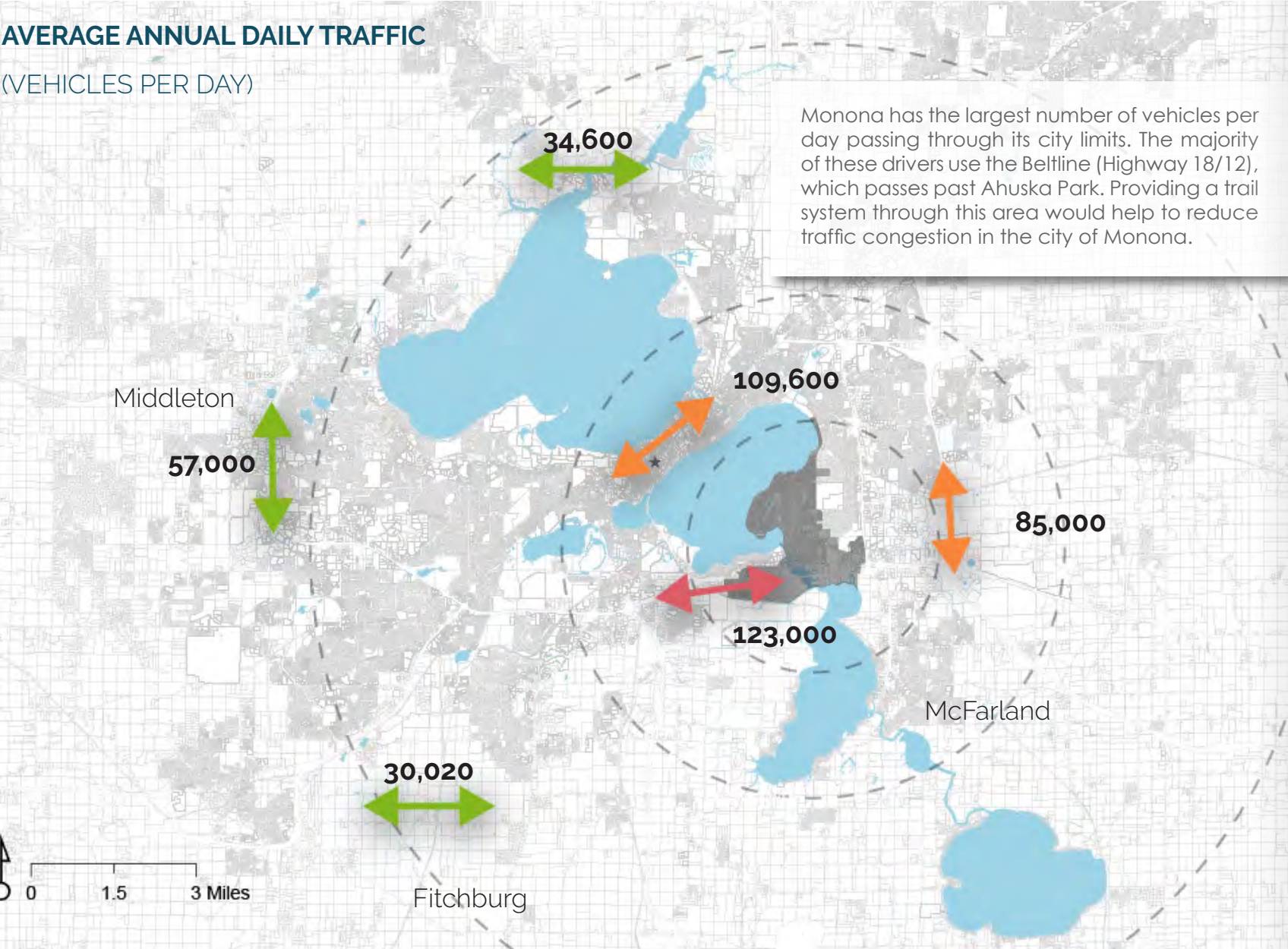
# THE REGION



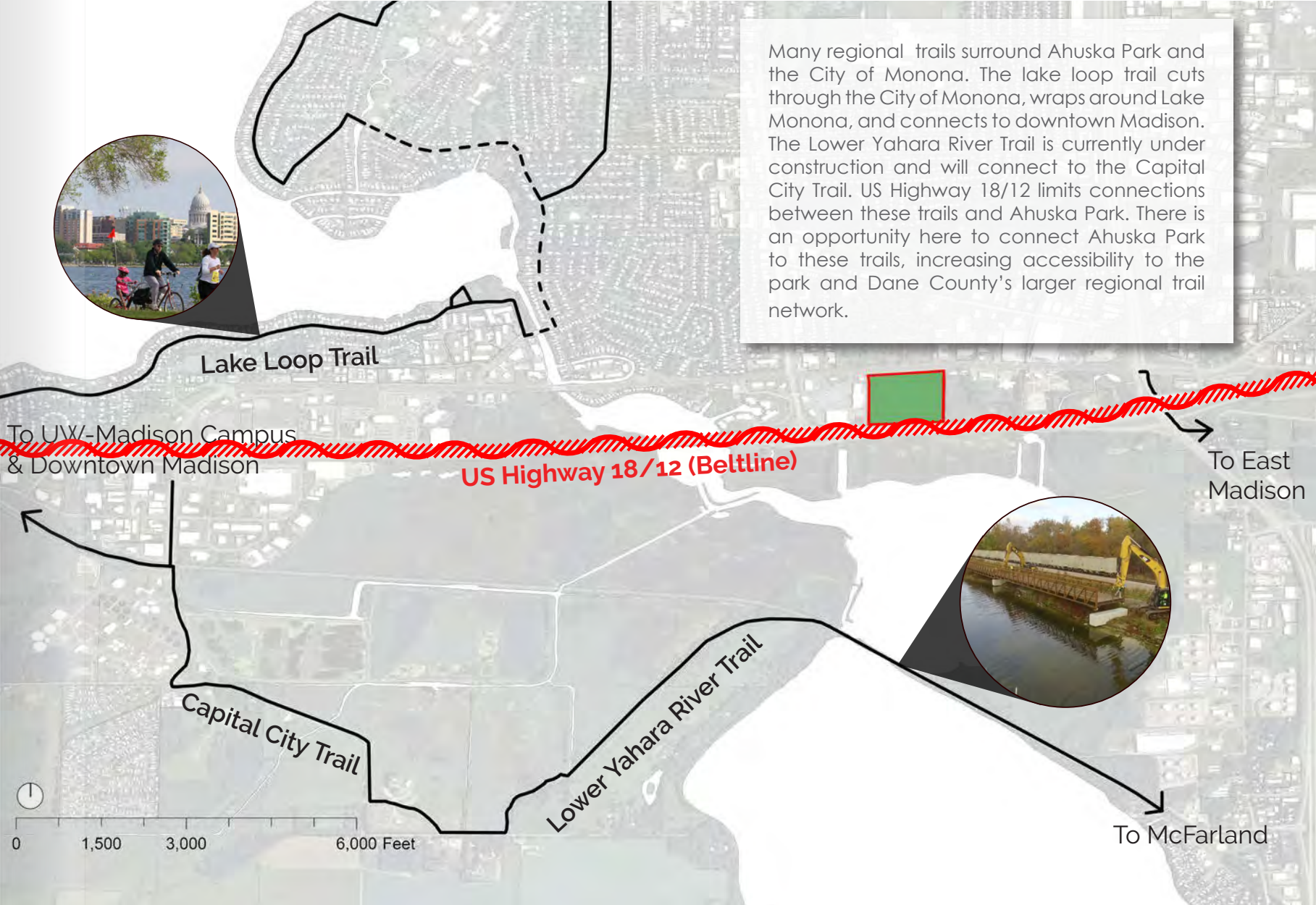


# REGIONAL TRAFFIC VOLUME

AVERAGE ANNUAL DAILY TRAFFIC  
(VEHICLES PER DAY)



# REGIONAL TRAIL SYSTEM



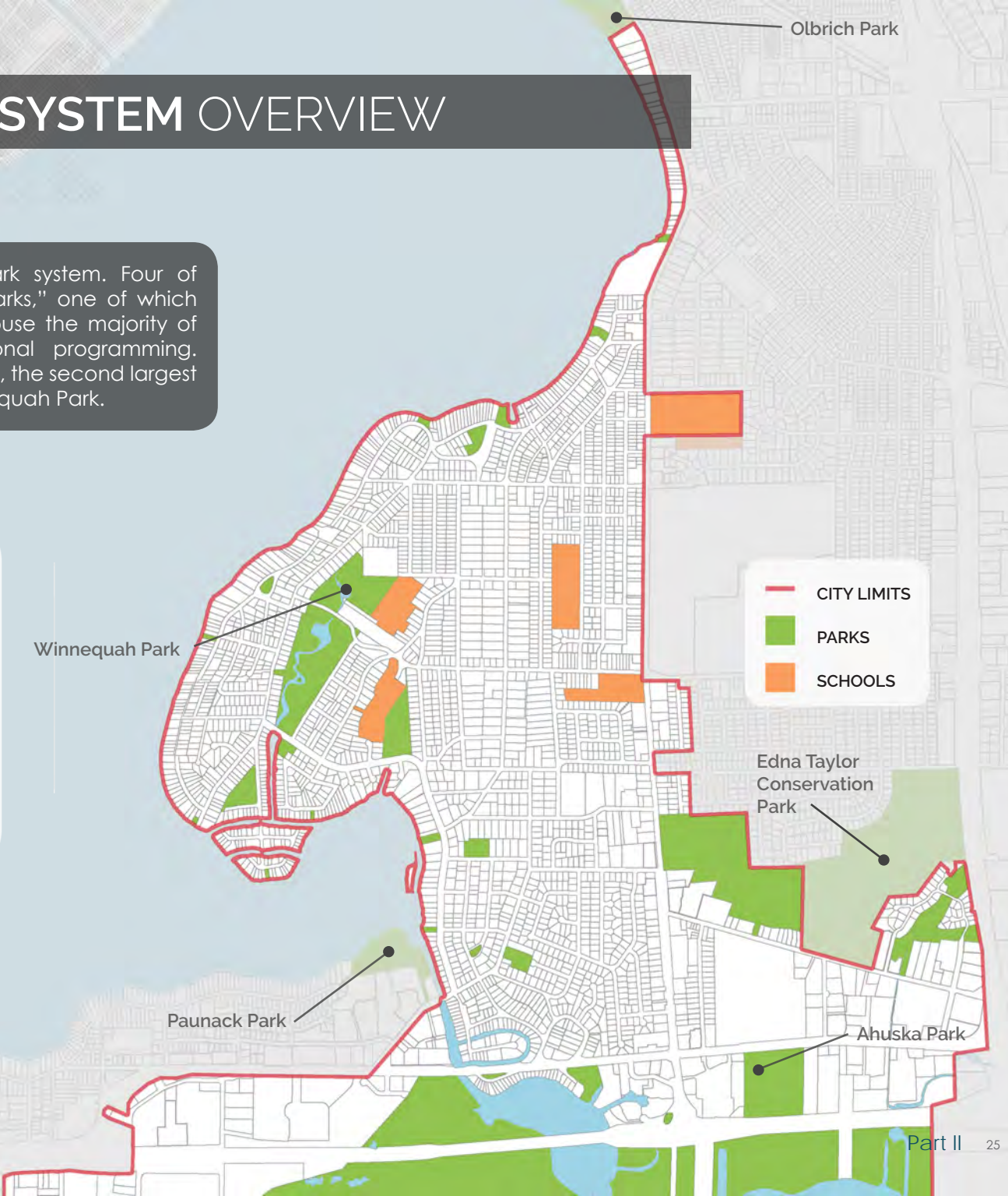
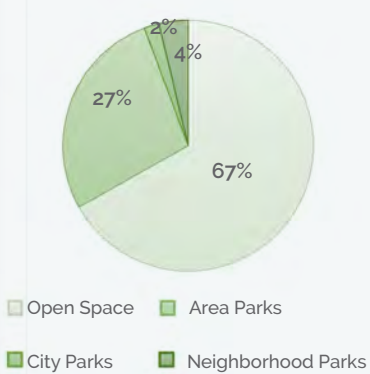


# THE COMMUNITY

## PARK SYSTEM OVERVIEW

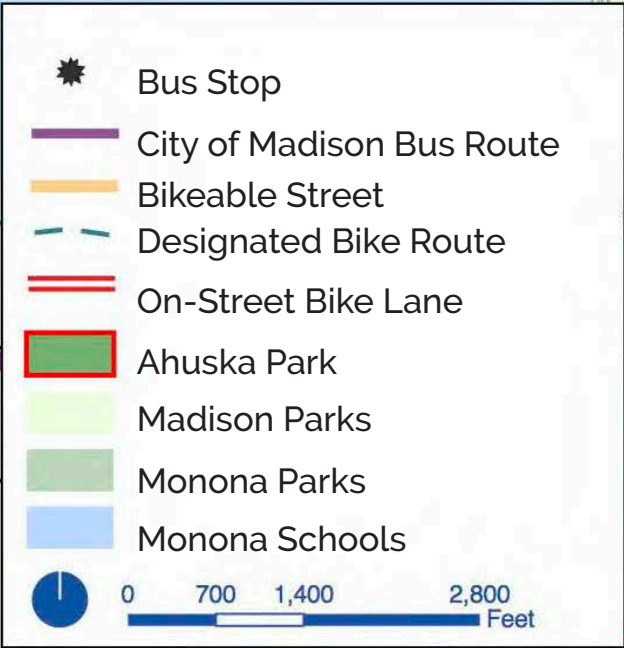
Monona has a very rich park system. Four of Monona's parks are "area parks," one of which is Ahuska Park. Area parks house the majority of Monona's outdoor recreational programming. Ahuska Park is roughly 22 acres, the second largest park in Monona behind Winnequah Park.

GREENSPACE IN MONONA





# TRANSPORTATION OVERVIEW



View of bike lane and adjacent traffic flow along Monona Drive.

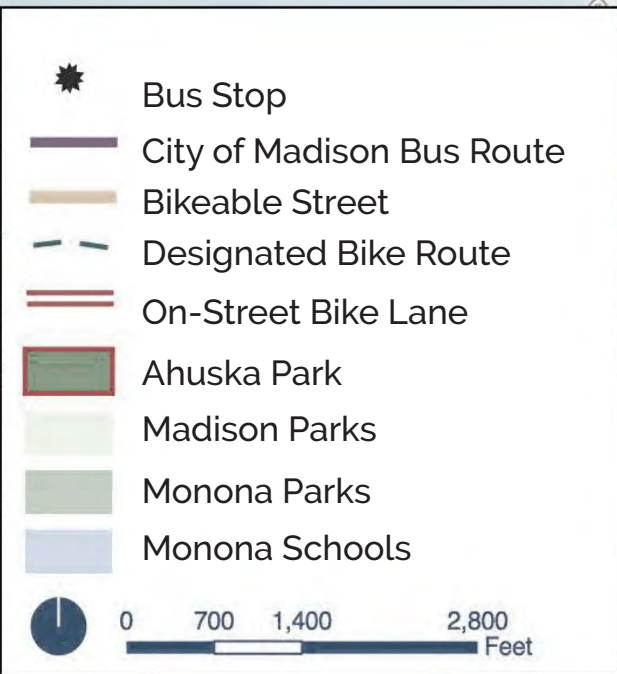
The northern most portion of Monona is relatively well-connected. Residents living in this area of Monona have many different transportation options. As you move further south, toward US Highway 18/12, many of these transportation options begin to fall off.

The only bikeable route to Ahuska Park from the rest of the City of Monona is through an on-street bike lane along Broadway Avenue. Much like the on-street bike lane on Monona Drive (Pictured:Left), using it is an uncomfortable experience. Users of the bike lane are side-by-side with heavy traffic.



# COMMUNITY DISCONNECT

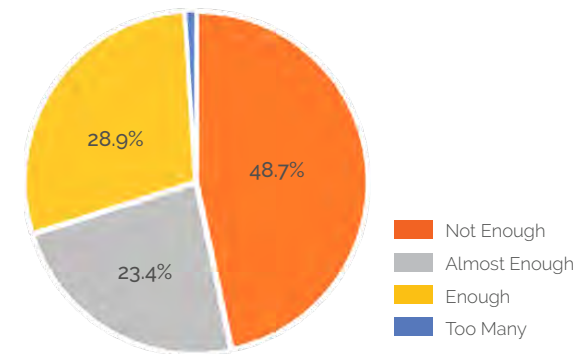
Ahuska Park is supposed to be 1 of Monona's 4 community parks, serving residents living within a **1 mile radius**. Ahuska Park is relatively inaccessible for bikers and pedestrians. This provides an opportunity to connect the residents of Monona to Ahuska Park through the addition of a bike path.



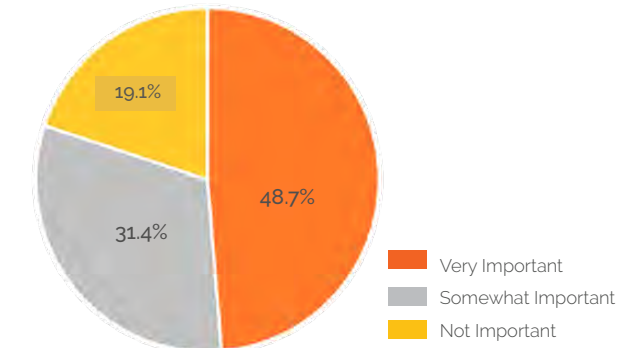
# NEED FOR NATURE TRAILS

A number of years ago a survey was conducted with Monona's residents regarding Monona's Parks and Recreation system. The following graphics showcase some of the results. It is clear that Monona has a relatively active population, and they would enjoy having additional nature trails.

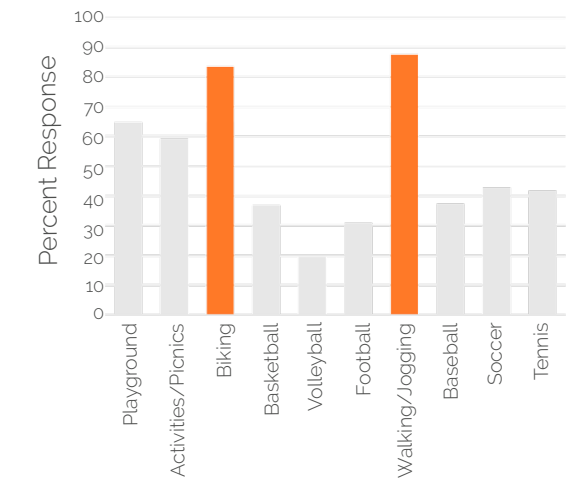
How well are Monona's trails meeting the needs of the community?



How would you rate the importance of adding additional nature trails to Monona parks?



As a resident of Monona, mark which of the following activities are important to you.





# BROADWAY CORRIDOR OVERVIEW

Ahuska Park is supposed to be 1 of Monona's 4 community parks, serving residents living within a **1 mile radius**. Ahuska Park is relatively inaccessible for bikers and pedestrians. This provides an opportunity to connect the residents of Monona to Ahuska Park through the addition of a bike path.

## MASTER PLAN FOCUS AREA: EAST BROADWAY CORRIDOR



Lake Loop Trail

To UW-Madison Campus  
& Downtown Madison

To East  
Madison

Capital City Trail

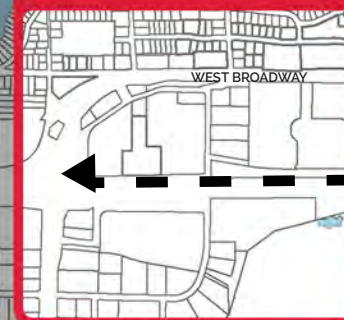
Lower Yahara River Trail

To McFarland

0 1,500 3,000 6,000 Feet

The construction of the Beltline was completed in 1988. Properties along Broadway Ave. benefit from excellent transportation access. These properties are also highly visible from the Beltline. For this reason, it's exceedingly important that Monona create a positive image for the city with any development happening in any of these corridors, including a potential trail system

### WEST BROADWAY



### MONONA WATERFRONT DISTRICT



### EAST BROADWAY



SQUAW  
BAY

UPPER MUD  
LAKE



## SURROUNDING COMMUNITY



## EXISTING LAND USE



### LEGEND

- AHUSKA PARK
- EXISTING REGIONAL TRAIL
- SINGLE-FAMILY RESIDENTIAL
- COMMERCIAL
- GREEN/OPEN SPACE
- INDUSTRIAL
- MIXED-USE COMMERCIAL
- VACANT



0' 1000' 2000'



# THE SITE



## AHUSKA PARK INVENTORY

TENNIS COURTS



PARK ENTRANCE



VETERANS MEMORIAL



PLAYGROUND



BASEBALL DIAMOND



OPEN SPACE/ SOCCER



FOOTBALL FIELD



SHELTER & RESTROOMS

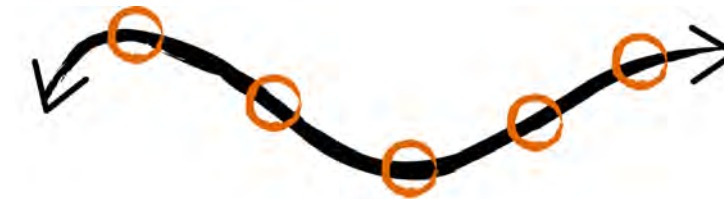


# DESIGN STRATEGIES

## DESIGN CONCEPT

Both on a regional and site scale, the design of the landscape was inspired by a pair of white wings. The word "Ahuska" means white wing in the native Ho-Chunk language. The Ho-Chunk tribe occupied most of the land that is now known as Monona. The following diagrams showcase the design concepts for both the regional trail system, and the site design at Ahuska Park.

### TRAIL WITH NODES OF INTEREST



Winding path creates a sense of **mystery**

Nodes of interest "**pull**" users along the trail

### NODES THAT DRAW PEOPLE IN



The form of the trailside nodes are inspired by a pair of **wings**.

The nodes "**catch**" users coming off of the trail.



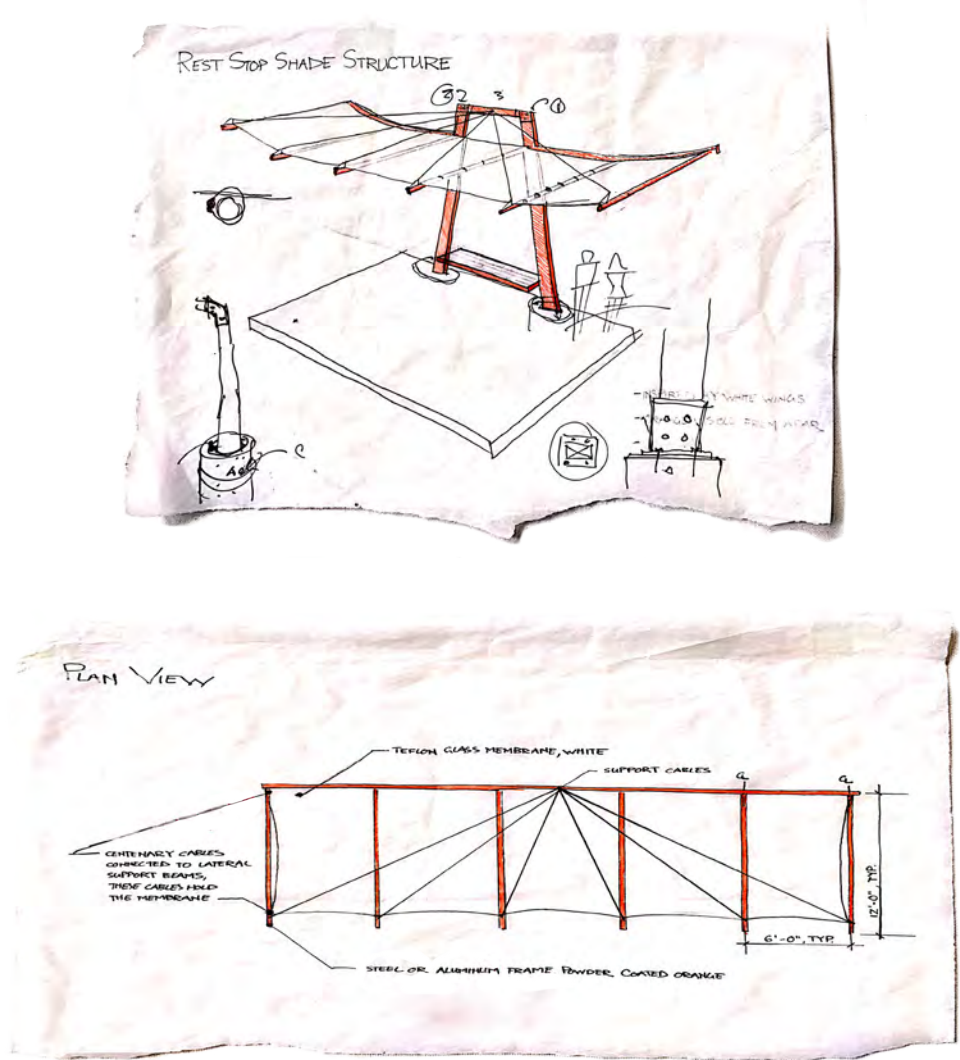
# COMMUNITY DESIGN





# TRAIL REST-STOP NODE DESIGN

## PRELIMINARY SHADE STRUCTURE DESIGN SKETCHES



The form of the seating areas and design of the shade structure were inspired by a pair of white wings. "Ahuska" means "white wing" in Ho-Chunk. The wing shape seating nodes and shade structure draw people in that are using the bike path. The orange coated steel of the shade structure allows for the structure to stand out in the winter when the canvas "wings" of the structure would need to be removed.





**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'

**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'

**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'

**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'



**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'

**WETLAND BOARDWALK**

**3.3 MILES** OF WETLAND BOARDWALK

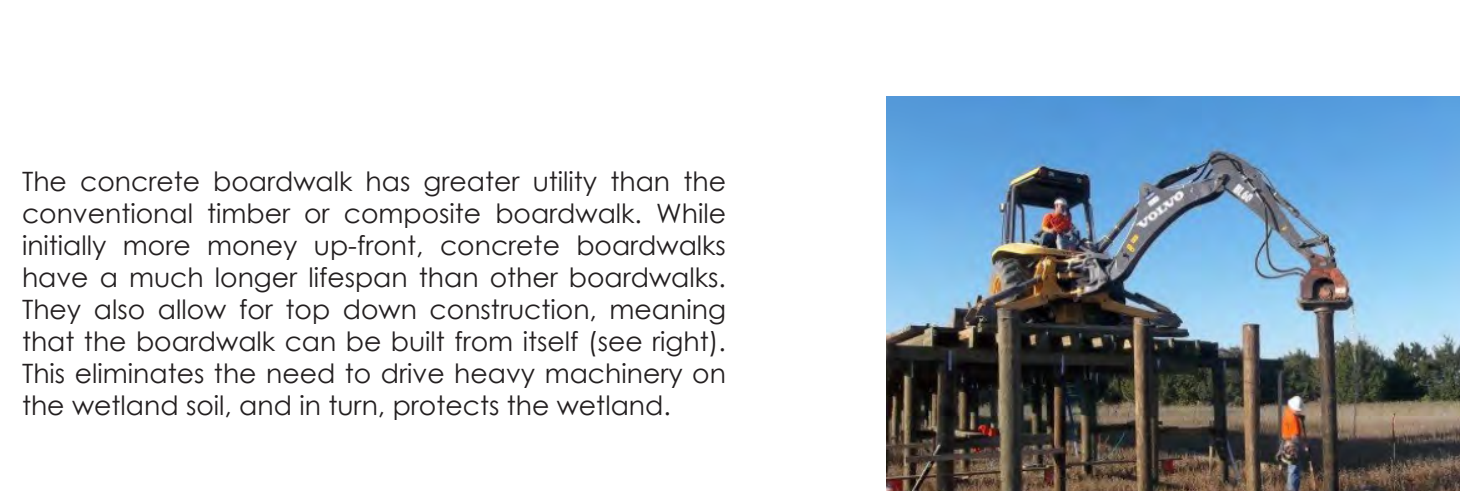
East Broadway Ave.

US HWY 18/12 (Beltline)

WETLAND BOARDWALK

0' 1000' 2000'

The concrete boardwalk has greater utility than the conventional timber or composite boardwalk. While initially more money up-front, concrete boardwalks have a much longer lifespan than other boardwalks. They also allow for top down construction, meaning that the boardwalk can be built from itself (see right). This eliminates the need to drive heavy machinery on the wetland soil, and in turn, protects the wetland.



# WETLAND BOARDWALK DETAIL

Scale:  $\frac{1}{2}" = 1' - 0"$

2x6 (NOMINAL DIM.) CEDAR CAP, STAIN WITH 'OLYMPIC' CANYON BROWN, ATTACH TO POSTS WITH 6d BOX NAIL, RING SHANK

4x4 S4S CEDAR POST, 8' O.C., STAIN WITH 'OLYMPIC' CANYON BROWN

2x4 S4S CEDAR RAILING, STAIN WITH 'OLYMPIC' CANYON BROWN,  $\frac{1}{2}"$  SPACING BETWEEN RA, ATTACH TO POSTS WITH 8d COMMON RING SHANK NAILS, SET WITH BLUE CHALKLINE, USE SET TO FINISH

2x6 S4S CEDAR RAILING, STAIN WITH 'OLYMPIC' CANYON BROWN, ATTACH TO POSTS WITH COMMON RING SHANK NAILS, SET WITH BLUE CHALKLINE, USE NAIL SET TO FINISH

4x4 GALVANIZED STEEL POST BRACKET

$\frac{1}{2}"$  GALVANIZED BOLT W/ WASHER & NUT (TYP.)

PRECAST CONCRETE TREAD, ASTM C-143, 6" SLUMP, MELBOURNE TAN COLOR, BROOM FINISH (PARALLEL WITH LENGTH OF TREAD)

$\frac{1}{2}"$  GALVANIZED STEEL BASE PLATE

PRECAST CONCRETE BEAM, ASTM C-143, MELBOURNE TAN COLOR, STD. FINISH

PRECAST CONCRETE PIER CAP, ASTM C-143, STD. COLOR, STD. FINISH

RUBBER LEVELING PAD

$\frac{3}{4}"$   $\phi$  x 9" LONG PLAIN DOWEL, SET IN EPOXY GROUT, EMBEDDED MIN. OF 3" DEEP INTO CONCRETE PIER, TYP.

12"  $\phi$  CAST-IN-PLACE CONCRETE PIER, ASTM C-143, MINIMUM BURIAL SHALL BE 10'-0", SHALL EXTEND AS NEEDED (PER STRUCTURAL ENGINEER RECOMMENDATIONS)

FINISH GRADE

SUBGRADE, DO NOT COMPACT

$\frac{3}{4}"$   $\phi$  CLEAN CRUSHED ANGULAR STONE, COMPACT TO 95% PROCTOR, 4" LIFTS

TYPAR, NON-WOVEN GEOTEXTILE, CONTINUOUS, 1'-0" MIN. LAP JOINTS, TYP.

11'-3"

1'-4" 7"

3'-9"

1"

1"

2"

6"

W/ GRADE

6" 1'-0" 6"

8'-0" O.C. TYP

2" TYP

2"

6" 4" 6" 4" 6" 4"

# WETLAND BOARDWALK DETAIL

Scale:  $\frac{1}{2}" = 1' - 0"$

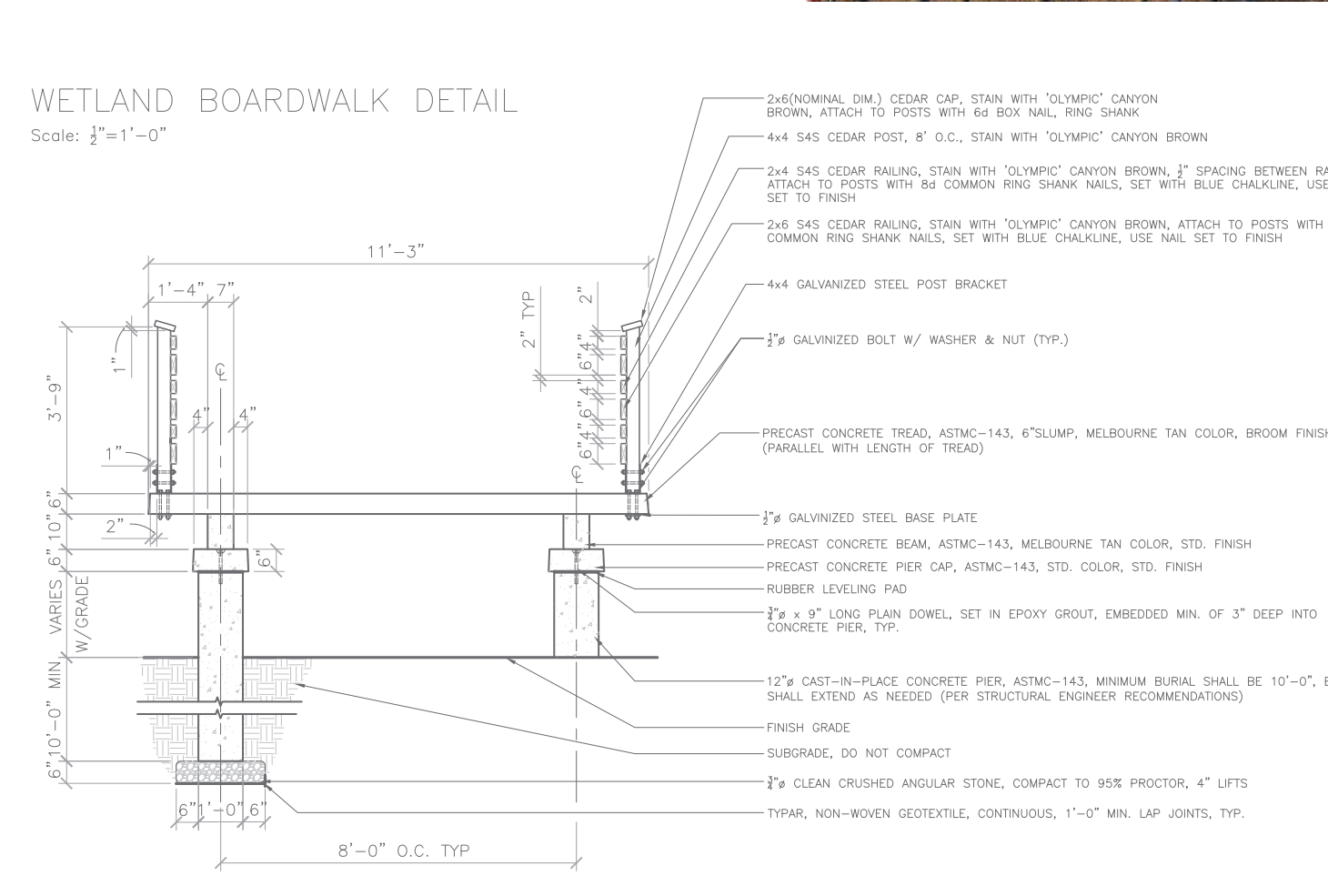
The drawing illustrates the construction details of a wetland boardwalk. It includes a cross-section view on the left and a plan view on the right. The cross-section shows the boardwalk's profile relative to the ground level, while the plan view shows the top-down layout of the boardwalk sections.

**Cross-Section Details:**

- Dimensions:** Total width is 11'-3". Boardwalk width is 1'-4" with a 7" gap between sections. Vertical dimensions include 3'-9" from finish grade to the top of the railing, 6"-10" min. for the pier depth below grade, and 6" for the concrete beam height.
- Materials & Components:**
  - 2x6 (nominal dim.) cedar cap, stain with 'OLYMPIC' canyon brown, attached to posts with 6d box nail, ring shank.
  - 4x4 S4S cedar post, 8' o.c., stain with 'OLYMPIC' canyon brown.
  - 2x4 S4S cedar railing, stain with 'OLYMPIC' canyon brown,  $\frac{1}{2}"$  spacing between rails, attach to posts with 8d common ring shank nails, set with blue chalkline, use nail set to finish.
  - 2x6 S4S cedar railing, stain with 'OLYMPIC' canyon brown, attach to posts with common ring shank nails, set with blue chalkline, use nail set to finish.
  - 4x4 galvanized steel post bracket.
  - $\frac{1}{2}" \phi$  galvanized bolt w/ washer & nut (typ.).
  - Precast concrete tread, ASTM C-143, 6" slump, Melbourne tan color, broom finish (parallel with length of tread).
  - $\frac{1}{2}" \phi$  galvanized steel base plate.
  - Precast concrete beam, ASTM C-143, Melbourne tan color, std. finish.
  - Precast concrete pier cap, ASTM C-143, std. color, std. finish.
  - Rubber leveling pad.
  - $\frac{3}{4}" \phi \times 9"$  long plain dowel, set in epoxy grout, embedded min. of 3" deep into concrete pier, typ.
  - 12"  $\phi$  cast-in-place concrete pier, ASTM C-143, minimum burial shall be 10'-0", shall extend as needed (per structural engineer recommendations).
  - Finish grade.
  - Subgrade, do not compact.
  - $\frac{3}{4}" \phi$  clean crushed angular stone, compact to 95% Proctor, 4" lifts.
  - TYPAR, non-woven geotextile, continuous, 1'-0" min. lap joints, typ.

**Plan View Details:**

- Dimensions:** Section width is 1'-4" with a 7" gap. Spacing between sections is 8'-0" o.c. typical.
- Labels:** W/GRADE, FINISH GRADE, SUBGRADE, DO NOT COMPACT.







# SITE DESIGN



# AHUSKA PARK SITE PLAN

- 1. West Entry/Exit Node
- 2. Main Entry Art Feature
- 3. Expanded Playground
- 4. Expanded Pavilion
- 5. Ahuska Park Regional Trail
- 6. Expanded Parking Lot
- 7. Farmer's Market Space
- 8. Seating Hill
- 9. Open Lawn & Event Space
- 10. Existing Veteran's Memorial

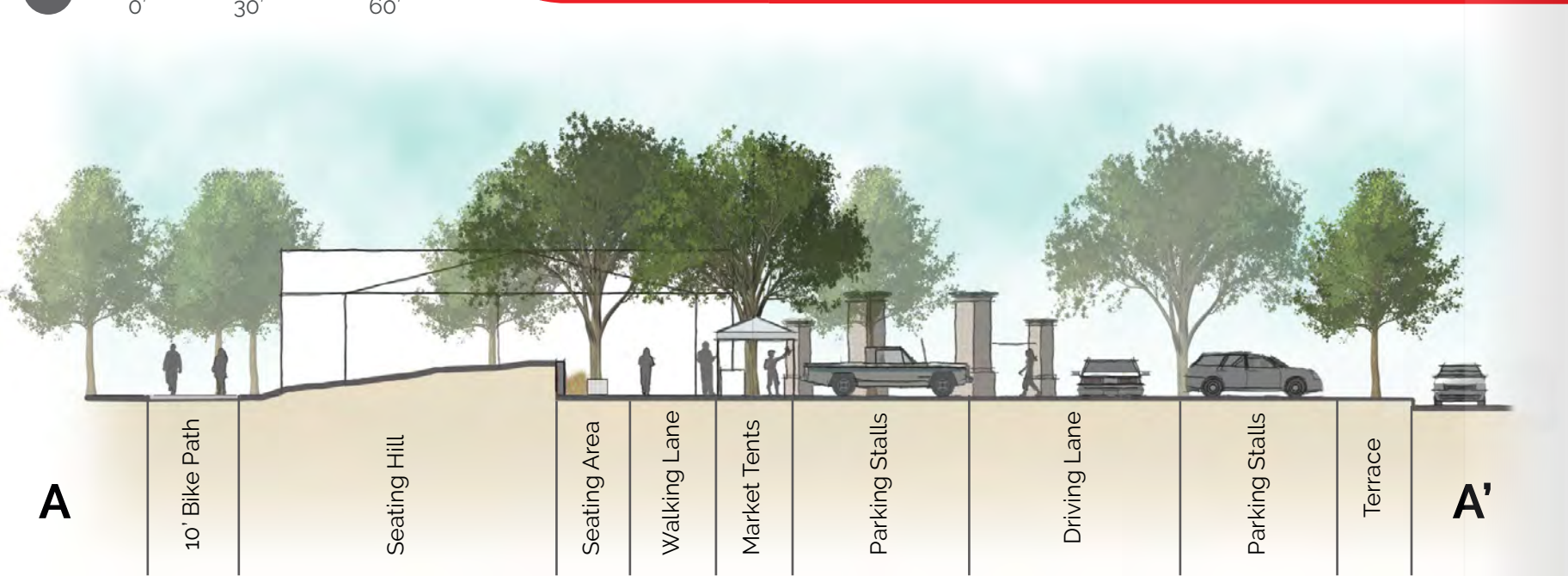
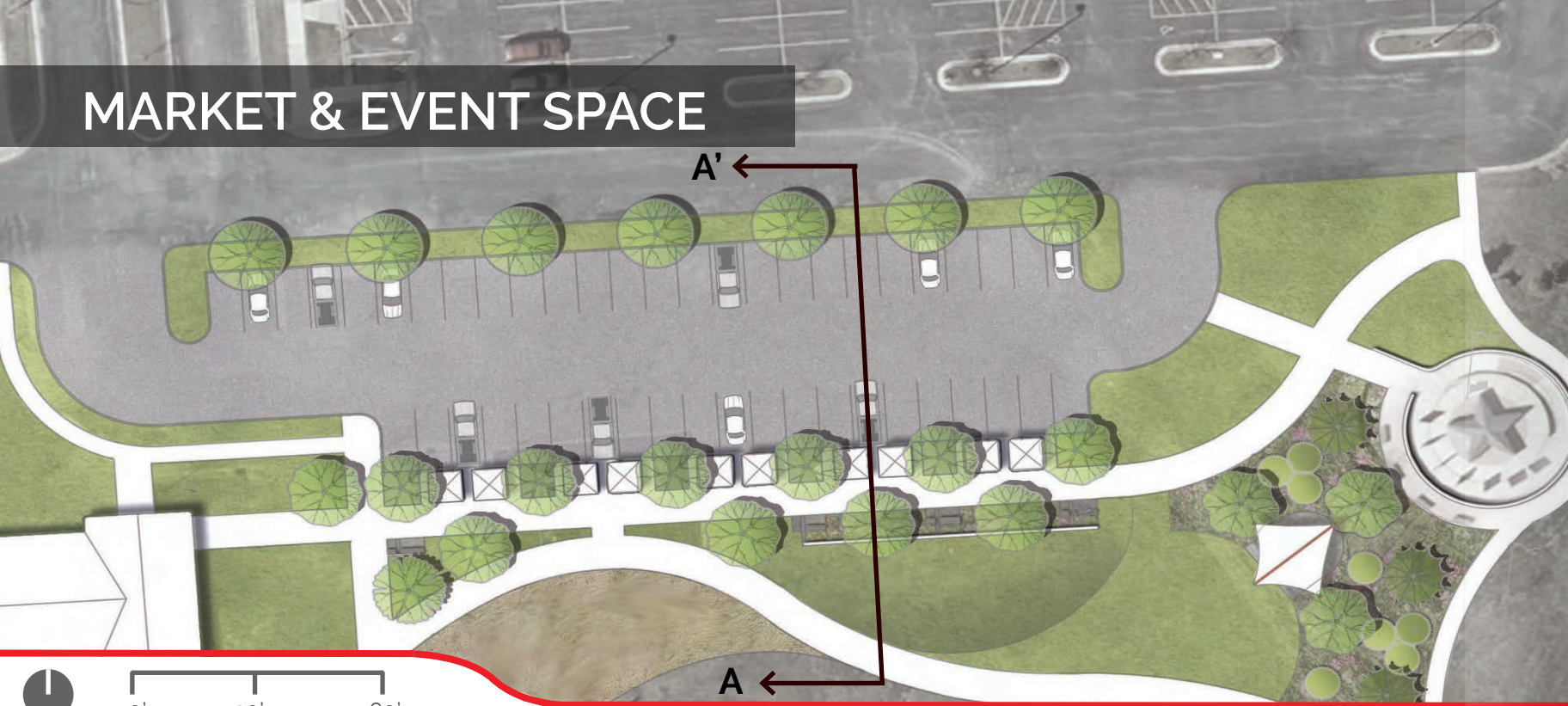
- 11. Improved Baseball Field Seating
- 12. Swale & Crossing Boardwalk
- 13. East Entry/Exit Node
- 14. Perimeter Circulation Path



0' 100' 200'



# MARKET & EVENT SPACE



## IMPROVED FARMERS MARKET SPACE



On Sunday mornings throughout the summer and fall, Monona has a farmer's market at Ahuska Park. Tents are setup in the west parking lot, decreasing the total number of parking spaces available for those coming to enjoy the market. Expanding the parking lot and providing a new space for the farmer's market will eliminate this problem.

## PERFORMANCE STAGE



During the farmers' market, local musicians play shows. They don't have a designated performance space, however. The new performance stage and open lawn space would eliminate this problem. The stage and lawn also open additional opportunities for events and performances at Ahuska Park.

## INCORPORATION OF EXISTING MEMORIAL



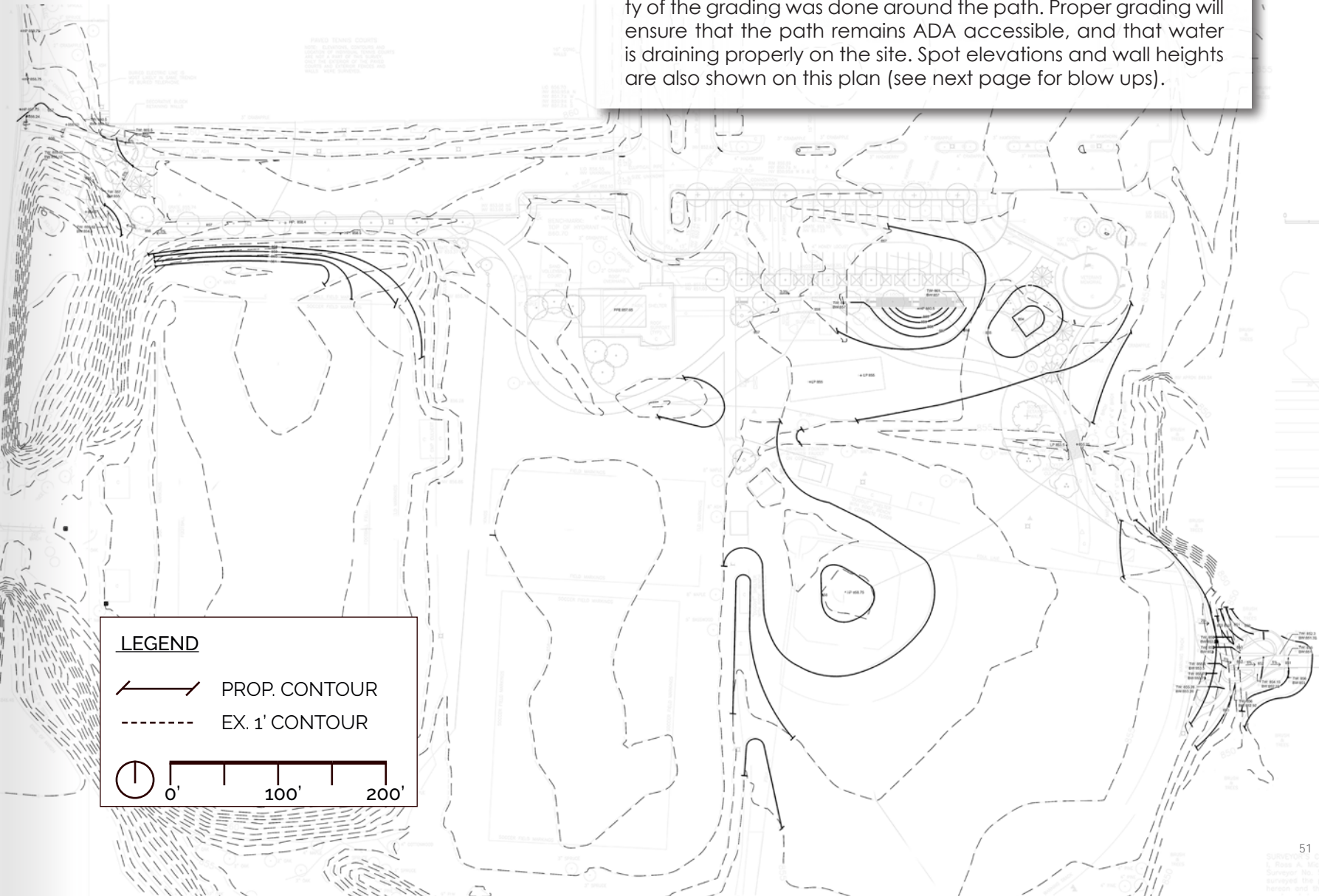
The Dane County Veteran's Memorial is currently along the eastern edge of Ahuska Park. The cultural and social importance of the memorial ensured that it would be incorporated into the final design of the park. Plants screen the memorial for privacy, and strategically placed paths lead parkgoers to the memorial.



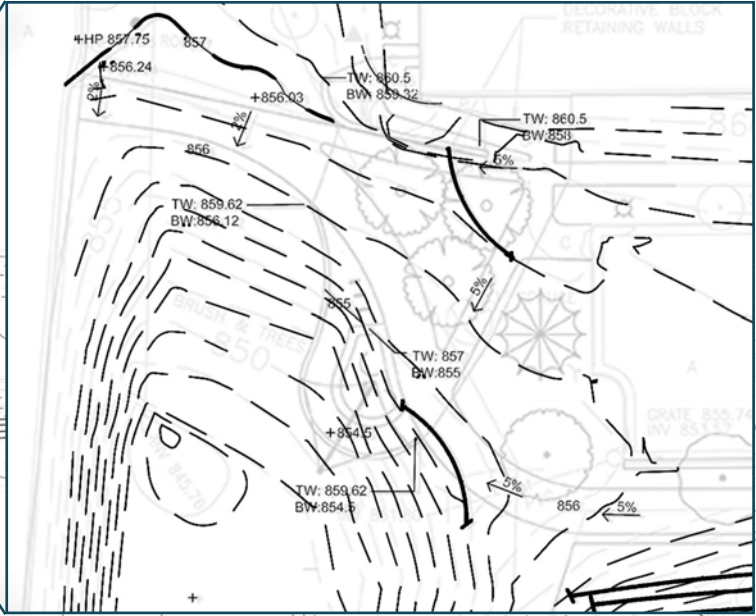
# GRADING & DRAINAGE

## GRADING PLAN

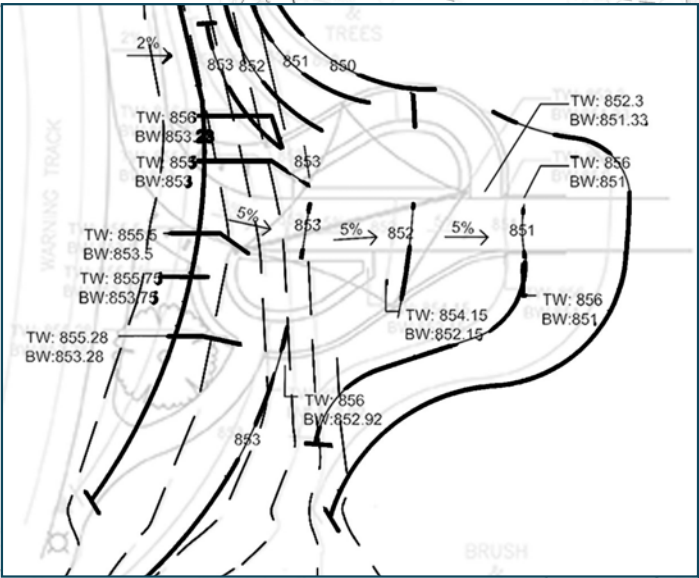
Ahuska Park is an extremely flat site, with grades dropping slightly as you move toward the wetland to the east. The majority of the grading was done around the path. Proper grading will ensure that the path remains ADA accessible, and that water is draining properly on the site. Spot elevations and wall heights are also shown on this plan (see next page for blow ups).



# WEST ENTRY NODE GRADING

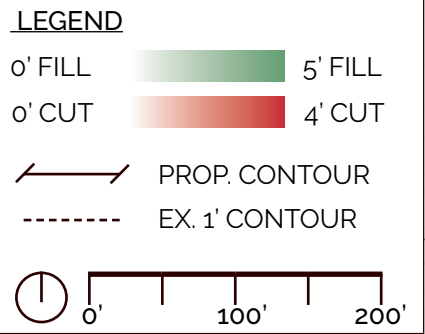


# EAST ENTRY NODE GRADING



# CUT & FILL DIAGRAM

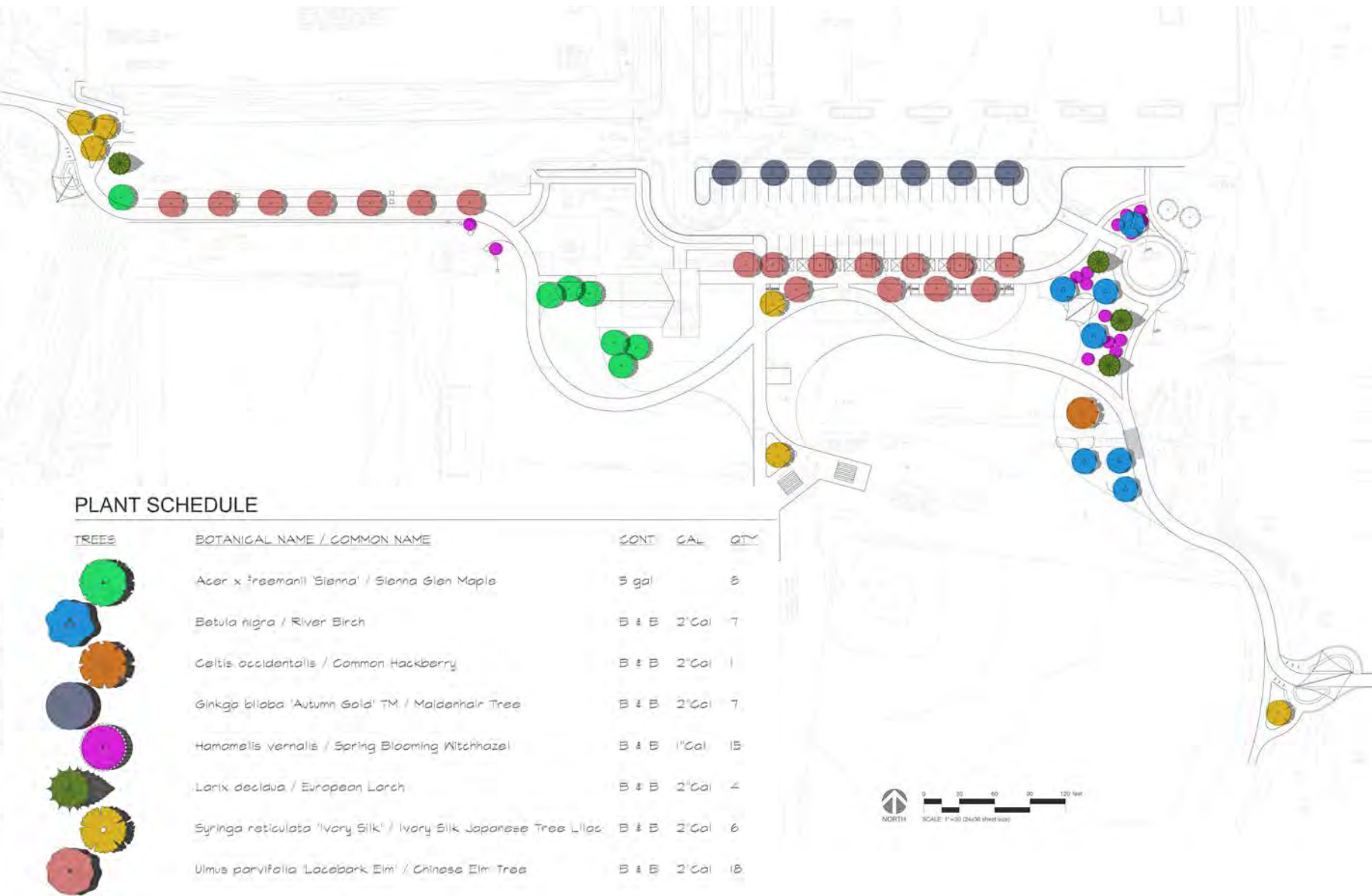
24, 775 TOTAL CUBIC FEET OF CUT  
47,928 TOTAL CUBIC FEET OF FILL  
  
CUT FILL RATIO 1.25:1  
  
1,301.30 CUBIC YARDS OF FILL NEEDED





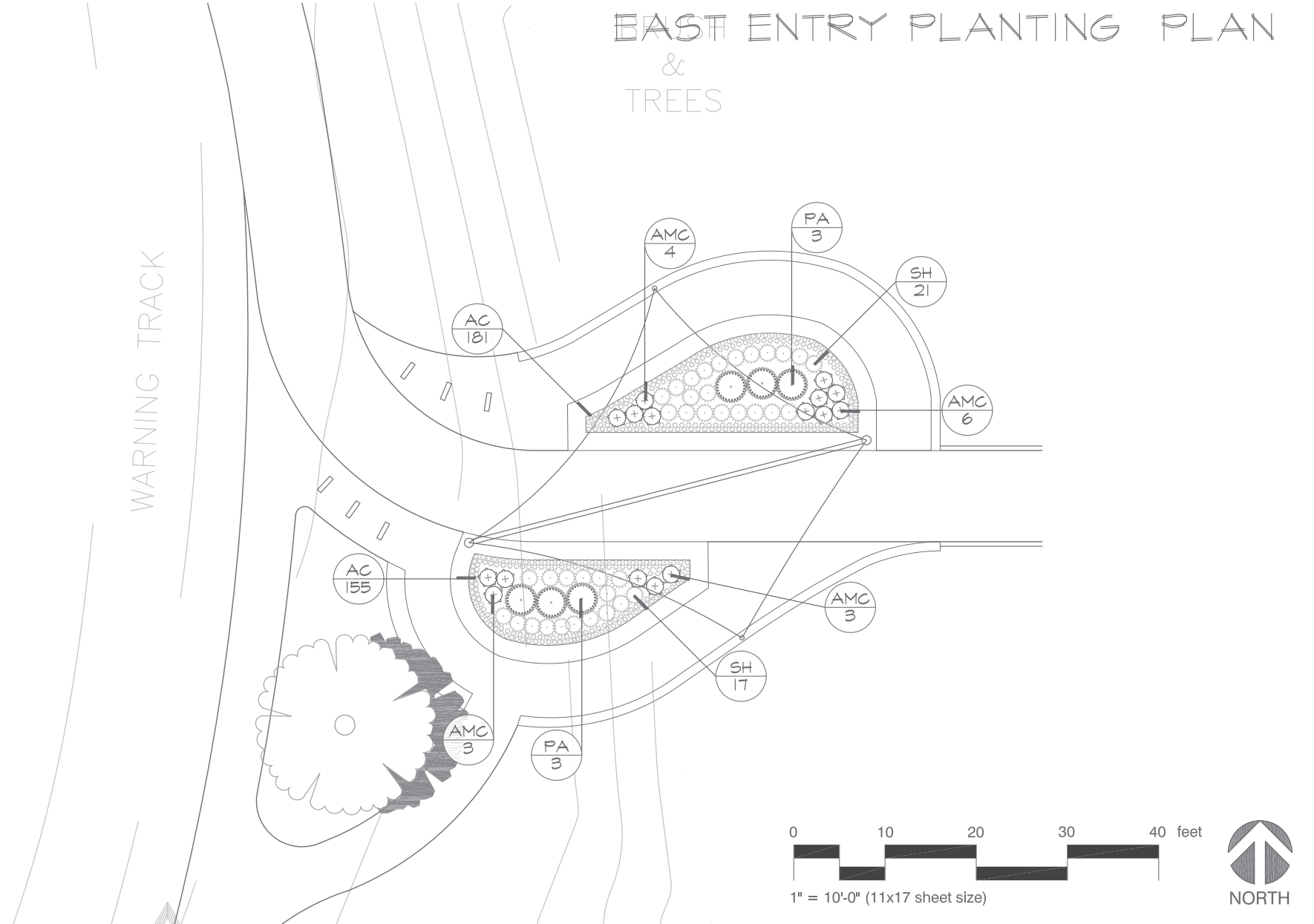
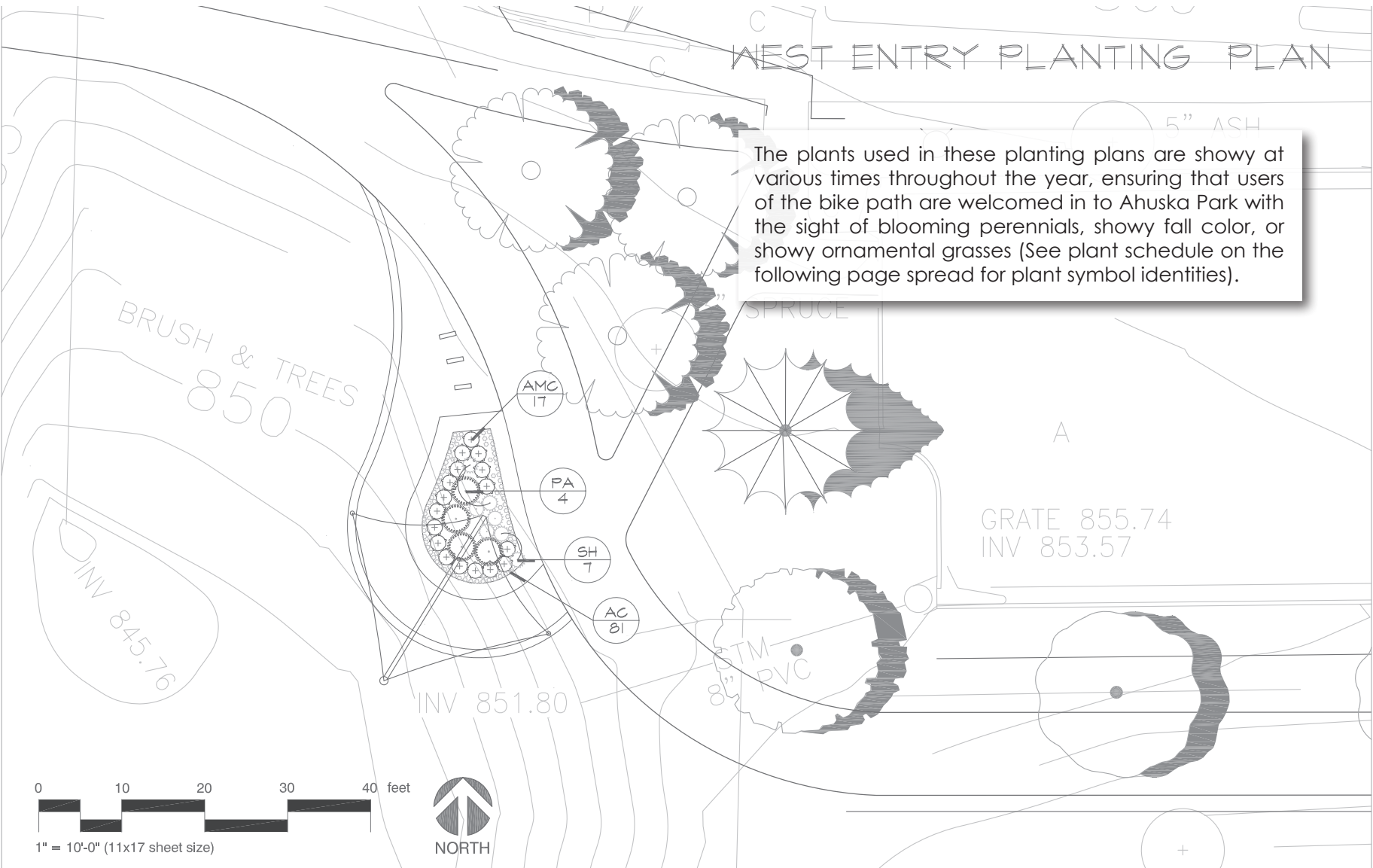
# PLANTING DESIGN

## TREE PLANTING PLAN





# ENTRY NODE PLANTING PLANS





# STORMWATER SWALE PLANTING PLAN

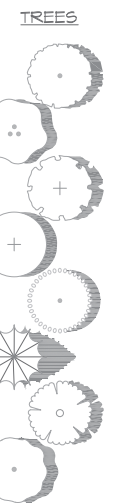
The stormwater swale planting plan has a diverse array of species. All of the plants are tolerant of moist/wet soil and have seasonal interest. The notion that users of the path should move in and out of planted areas is reinforced with this planted area. Entering the site from the east, moving west, bikers and pedestrians will be sheltered as they cross the swale, but will suddenly be immersed in the openness of the site as they continue past the stormwater swale.

## SWALE PLANTING CONCEPT SKETCH




## PLANT SCHEDULE

TREES



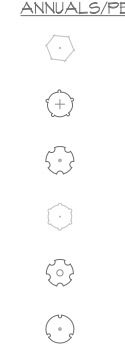
CODE	BOTANICAL NAME / COMMON NAME	CONT	CAL	QTY
AS	Acer x freemanii 'Sienna' / Sienna Glen Maple	5 gal		8
BN	Betula nigra / River Birch	B & B	2"Cal	7
CEO	Celtis occidentalis / Common Hackberry	B & B	2"Cal	1
GB	Ginkgo biloba 'Autumn Gold' TM / Maidenhair Tree	B & B	2"Cal	7
HV	Hamamelis vernalis / Spring Blooming Witchhazel	B & B	1"Cal	15
LD	Larix decidua / European Larch	B & B	2"Cal	4
SR	Syringa reticulata 'Ivory Silk' / Ivory Silk Japanese Tree Lilac	B & B	2"Cal	6
UP	Ulmus parvifolia 'Lacebark Elm' / Chinese Elm Tree	B & B	2"Cal	18

SHRUBS



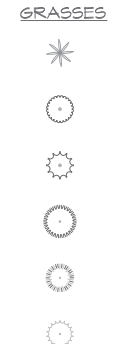
CODE	BOTANICAL NAME / COMMON NAME	SIZE	FIELD2	SPACING	QTY
CO	Cephalanthus occidentalis / Buttonbush	5 gal		84" o.c.	22

ANNUALS/PERENNIALS



CODE	BOTANICAL NAME / COMMON NAME	SIZE	FIELD2	SPACING	QTY
AC	Allium cernuum / Nodding Wild Onion	4"pot		6" o.c.	529
AMC	Amorpha canescens / Leadplant	4"pot		24" o.c.	33
AI	Asclepias incarnata 'Ice Ballet' / Ice Ballet Swamp Milkweed	4" pot		36" o.c.	52
BA	Baptisia alba macrophylla / White Wild Indigo	4"pot		30" o.c.	28
RS	Rudbeckia subtomentosa / Sweet Black-eyed Susan	4" pot		24" o.c.	77
SNA	Symphotrichum novae-angliae / New England Aster	4"pot		36" o.c.	40

GRASSES



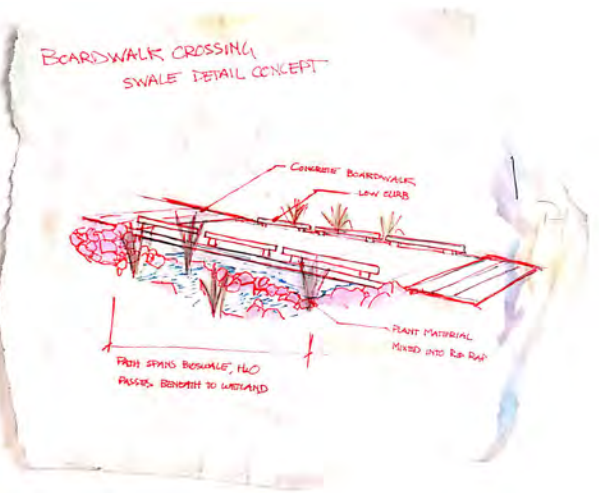
CODE	BOTANICAL NAME / COMMON NAME	SIZE	FIELD2	SPACING	QTY
CP	Carex pensylvanica / Pennsylvania Sedge	4"pot		12" o.c.	45
CS	Carex stipata / Sawbeak Sedge	4"pot		30" o.c.	22
EV	Elymus virginicus / Virginia Wild Rye	2 gal		24" o.c.	57
PA	Pennisetum alopecuroides / Fountain Grass	3 gal		42" o.c.	10
SC	Scirpus cyperinus / Wool Grass	2 gal		36" o.c.	28
SH	Sporobolus heterolepis 'Tara' / Prairie Dropseed	5 gal		24" o.c.	69



# STORMWATER MANAGEMENT

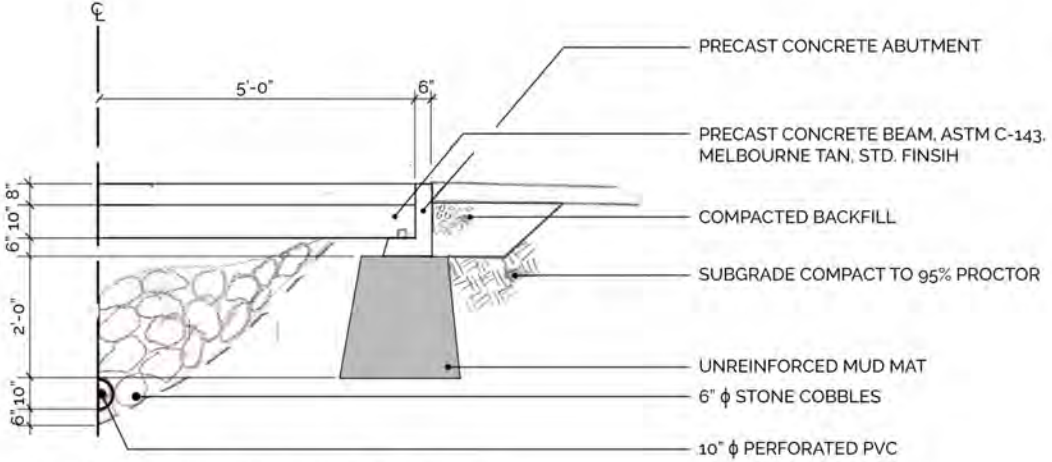
## STORMWATER RUNOFF

Using the improved grading plan, the entire site was divided into microwatersheds. Within each microwatershed, stormwater runoff volumes were calculated for each land use type. Adding all of the runoff volumes together within each microwatershed resulted in the total volume of water that would be draining from that microwatershed during a storm event. The pipes and drains were sized for a 100 year storm event.



**TOTAL Q: 2.299 CFS**  
**10" Ø PIPE NEEDED**

**SWALE MICROWATERSHED**  
**15,249 SQ. FT.**



**B** STORMWATER SWALE DETAIL  
NTS



# CONCLUSION

## REFLECTION

Monona is a rather progressive city, and has a lot of accessible city-wide data available. The information presented in Part II is accurate. However, with the amount of available data and resources, the regional, community & site inventory and analysis could be more in-depth. Additional social & ecological factors could be considered.

Both the regional and site scales were appropriate with regard to the amount of detail conveyed. The regional trail system could be more refined, and additional trail placement alternatives could be explored.

Originally, the scale of the project was far too small. After doing research, the scale of the project was expanded to include the regional trail system. At first, the scope of work simply consisted of some site improvements at Ahuska Park. If the opportunity for a regional trail system had presented itself earlier in the year a more in-depth description of the proposed trail could have been provided.

By far, the most difficult part of this project was defining the program for the project. It took over a semester to cement the “big picture” of my project, a trail master plan for Monona. Had this been the project from the start, the project could have been more in-depth. Additional cultural elements could have been incorporated into the designs, specifically Monona’s Ho-Chunk history.



# APPENDIX

## LITERATURE REFERENCES

Abraham, A., Sommerhalder, K. & Abel, T. Int J Public Health (2010) 55: 59.

Danielle F. Shanahan, Brenda B. Lin, Robert Bush, Kevin J. Gaston, Julie H. Dean, Elizabeth Barber, Richard A. Fuller. (2015) Toward Improved Public Health Outcomes From Urban Nature. American Journal of Public Health 105:3, 470-477.

Bedimo-Rung, Ariane L., PhD, Andrew J. Mowen, PhD, and Deborah A. Cohen, MD. "The Significance of Parks to Physical Activity and Public Health." American Journal of Preventive Medicine, Volume 28, Number 282 28.252 (2005): 159-68. Elsevier Inc. Web. 8 Oct. 2016.

Bull, George, ed. "Public Health and Landscape: Creating Healthy Places." Landscape Institute Position Statement (2013): 1-41. Web. 2 Oct. 2016.

Designing for Active Living. ASLA, 2016. Web. 8 Oct. 2016

Kreutzer, Richard, Dr, Reid Ewing, Dr, Matthew Raimi, Sarah Pulleyblank Patrick, Jim Chapman, and Lawrence D. Frank, Dr. Understanding the Relationship Between Public Health and the Built Environment. Rep. N.p.: n.p., 2006. Print.

Frumkin, Howard, Lawrence Frank, and Richard J. Jackson. Urban Sprawl and Public Health Designing, Planning, and Building for Healthy Communities. Washington: Island, 2013. Print.

Litman, Todd. "Evaluating Public Transportation Health Benefits." (2010): n. pag. Victoria Transport Policy Institute, 14 June 2010. Web. 4 Oct. 2016.

Sternberg, Esther M. Healing Spaces: The Science of Place and Well-being. Vol. 1. Cambridge, MA: Belknap of Harvard UP, 2009. Print.

"What Is Environmental Education?" EPA. Environmental Protection Agency, n.d. Web. 2 Oct. 2016.



# STORMWATER CALCULATIONS

PRE @ ANUSKA PARK

SITE TOTAL AREA: 100,119.5  
43,560

ROOF: AREA = 2770 ft<sup>2</sup>  
C = 0.90  
I = 6" / HOUR

$$Q = (0.90) \left( \frac{6}{12} \right) \left( \frac{2770}{43560} \right) = 0.3433$$

$$Q = \left[ (0.90) \left( \frac{6}{12} \right) \left( \frac{435}{43560} \right) \right] = 0.0539$$

$$Q = \left[ (0.90) \left( \frac{6}{12} \right) \left( \frac{124}{43560} \right) \right] = 0.0153719$$

GRAVEL: AREA = 3733 ft<sup>2</sup>  
C = 0.20

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{3733}{43560} \right) \right] = 0.0125719$$

SAND: AREA = 2237.6307 ft<sup>2</sup>  
C = 0.20

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{2237.6307}{43560} \right) \right] = 0.063$$

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{8126.76 + 237}{43560} \right) \right] = 0.3078$$

ASPHALT: AREA = 94577 ft<sup>2</sup>  
- 528  
- (20)(4)  
= 415  
94069 ft<sup>2</sup>

$$Q = \left[ (0.85) \left( \frac{6}{12} \right) \left( \frac{94069}{43560} \right) \right] = 10.662$$

CONCRETE: AREA = 30605 ft<sup>2</sup>  
C = 0.8

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{30605}{43560} \right) \right] = 5.5821$$

SIDEWALK: AREA = 7282 ft<sup>2</sup>  
3440  
6638

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{7282}{43560} \right) \right] = 1.917$$

PADS: AREA = 556 ft<sup>2</sup>  
555  
668  
275  
15.8  
247  
247  
252  
289  
134  
141

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{556}{43560} \right) \right] = 0.38$$

WATERSHED: C = 0.20  
WOODS: C = 0.20

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{73,194}{43560} \right) \right] = 2.016$$

NATURAL: C = 0.35  
AREA = 76968 ft<sup>2</sup>  
743,987

$$Q = \left[ (0.35) \left( \frac{6}{12} \right) \left( \frac{743,987}{43560} \right) \right] = 35.867$$

$$\text{TOTAL PRE Q} = 57.3119$$

POST @ ANUSKA PARK

ROOF: AREA = 3677.5375 ft<sup>2</sup>  
+ 124  
+ 435  
4,236.53

$$Q = (0.90) \left( \frac{6}{12} \right) \left( \frac{4236.53}{43560} \right) = 0.395$$

GRAVEL: AREA = 705 ft<sup>2</sup>  
274  
435  
1,434

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{1,434}{43560} \right) \right] = 0.395$$

SAND: AREA = 11,175 ft<sup>2</sup>  
+ 3,247.6  
14,422.6

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{14,422.6}{43560} \right) \right] = 0.397$$

ASPHALT: AREA = 88,478 ft<sup>2</sup>

$$Q = \left[ (0.85) \left( \frac{6}{12} \right) \left( \frac{88,478}{43560} \right) \right] = 10.358$$

CONCRETE: AREA = 30658 ft<sup>2</sup>  
+ 7,282  
3,440  
28,383  
31,763

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{31,763}{43560} \right) \right] = 9.8912$$

WOODS: AREA = 73,194 ft<sup>2</sup>

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{73,194}{43560} \right) \right] = 2.016$$

PERMEABLE PAVING: AREA = 16699 ft<sup>2</sup>

$$Q = \left[ (0.35) \left( \frac{6}{12} \right) \left( \frac{16699}{43560} \right) \right] = 0.805$$

NATURAL: AREA = 790 ft<sup>2</sup>  
AREA = 700,935

$$Q = (0.35) \left( \frac{6}{12} \right) \left( \frac{700,935}{43560} \right) = 33.79161$$

$$\text{TOTAL POST Q} = 57.8183$$

MICRO WATERSHED 1

GRAVEL: 437.35 ft<sup>2</sup>

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{437.35}{43560} \right) \right] = 0.0395$$

NATURAL AREA: 153.8 ft<sup>2</sup>  
770.54 ft<sup>2</sup>  
229 ft<sup>2</sup>  
219 ft<sup>2</sup>  
1,372.34 ft<sup>2</sup>

$$Q = \left[ (0.35) \left( \frac{6}{12} \right) \left( \frac{1,372.34}{43560} \right) \right] = 0.06615$$

CONCRETE: 1442 ft<sup>2</sup>  
115.73 ft<sup>2</sup>  
1,257.73 ft<sup>2</sup>

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{1,257.73}{43560} \right) \right] = 0.1385$$

Total Q Micro WS 1: 0.244

4" Ø PIPE NEEDED FOR DRAIN

MICRO WATERSHED 2

NATURAL: 9553.73 ft<sup>2</sup>  
26318 ft<sup>2</sup>  
35,871.73 ft<sup>2</sup>

$$Q = \left[ (0.35) \left( \frac{6}{12} \right) \left( \frac{35,871.73}{43560} \right) \right] = 1.729$$

CONCRETE: 4045.05 ft<sup>2</sup>  
278 ft<sup>2</sup>  
4,323.05 ft<sup>2</sup>

$$Q = \left[ (0.8) \left( \frac{6}{12} \right) \left( \frac{4,323.05}{43560} \right) \right] = 0.47$$

SAND: 3967 ft<sup>2</sup>

$$Q = \left[ (0.20) \left( \frac{6}{12} \right) \left( \frac{3967}{43560} \right) \right] = 0.1$$

Total Q Micro WS 2: 2.299

10" Ø PIPE NEEDED FOR SWALE



UniverCity Year is a year-long partnership between UW-Madison and one community in Wisconsin. The community partner identifies sustainability and livability projects that would benefit from UW-Madison expertise. Faculty from across the university incorporate these projects into their courses with graduate students and upper-level undergraduate students. UniverCity Year staff provide administrative support to faculty, students and the partner community to ensure the collaboration's success. The result is on-the-ground impact and momentum for a community working toward a more sustainable and livable future.

### **JASON VARGO**

UniverCity Year program director  
javargo@wisc.edu  
608-265-9761

### **KELLY CONFORTI RUPP**

UniverCity Year program manager  
kelly.rupp@wisc.edu  
608-890-0330

